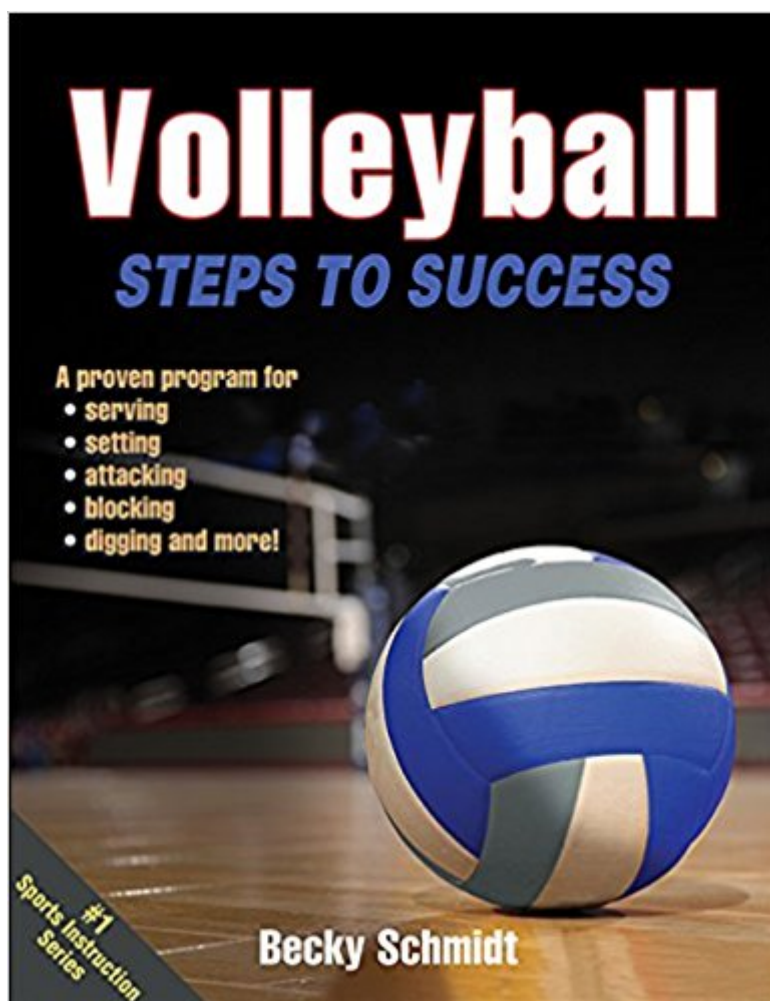




The book was found

# Volleyball: Steps To Success (Steps To Success Activity Series)



## Synopsis

Take to the court with confidence and dominate the competition. Volleyball: Steps to Success provides comprehensive instruction in a unique progressive format that will have you digging, blocking, and racking up the kills in no time. With 64 on-court drills and technical instruction for all of the game's essential skills, national championship coach Becky Schmidt sets you up to become a well-rounded player capable of playing any position on the court. Master individual skills such as serving, passing, and setting through detailed skill instruction, court diagrams, and full-color photo sequences. Then progress to valuable tactics and strategies that will help you become an on-court leader for your team. Learn how to determine your opponent's strengths and attack the weaknesses. Read your opponent's offense to be in the right position to dig hits and begin the counterattack. Be the player you always wanted to be. As part of the popular Steps to Success series, which has sold more than two million copies worldwide, Volleyball: Steps to Success is your guide to on-court success. v

## Book Information

Series: Steps to Success Activity Series

Paperback: 216 pages

Publisher: Human Kinetics; 1 edition (September 29, 2015)

Language: English

ISBN-10: 1450468829

ISBN-13: 978-1450468824

Product Dimensions: 8.4 x 0.6 x 10.9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (1 customer review)

Best Sellers Rank: #595,855 in Books (See Top 100 in Books) #46 in Books > Sports & Outdoors > Other Team Sports > Volleyball #1821 in Books > Sports & Outdoors > Coaching

## Customer Reviews

This is a very good volleyball book. It provide additional insight into the sport. The why and why not in defense and offense sets.

[Download to continue reading...](#)

Volleyball: Steps to Success (Steps to Success Activity Series) Volleyball: A Beginner's Guide To Volleyball: Get Started Playing And Winning At Volleyball! (Sports For You Series Book 7)

Racquetball: Steps to Success (Steps to Success Activity Series) Squash: Steps to Success - 2nd Edition (Steps to Success Activity Series) Fencing: Steps to Success (Steps to Success Activity) 101+ Volleyball Tips: How to Get Recruited for College Volleyball Volleyball: Steps to Success Field Hockey: Steps to Success - 2nd Edition (Steps to Success Sports Series) Racquetball: Steps to Success (Steps to Success Sports Series) Ramadan and Fasting Activity Book (Discover Islam Sticker Activity Books) Amazing Minecraft Math: Cool Math Activity Book for Minecrafters (Minecraft Activity Books) (Volume 1) Minecraft Labyrinth : Math Activity Book and Coloring Book For Kids : Unique Labyrinths, Geometric Labyrinths and Math Labyrinths: (Unofficial ... (Unique Activity Book) (Volume 2) Occupation-Based Activity Analysis (Thomas, Occupation-Based Activity Analysis) Archery-4th Edition: Steps to Success: II (Steps to Success Sports) Archery 4th Edition: Steps to Success (Steps to Success Sports) Success Principles: Beast Mode Mindset of Success: Learn the top secrets that will rocket you to success in any area rapidly Coaching Volleyball Technical and Tactical Skills (Technical and Tactical Skills Series) Complete Conditioning for Volleyball (Complete Conditioning for Sports Series) Block City (The Volleyball Series Book 3) Coaching Youth Volleyball - 4th Edition (Coaching Youth Sports)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)